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## Enhancement of Growth, Yield and Fruit Quality of Pepper (*Capsicum annuum* L.) by Application of Silicon Dioxide Nanoparticles

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**ABSTRACT:** The agricultural use of silicon dioxide nanoparticles (SiO<sub>2</sub> NPs) has the potential to improve the yield, sensory quality, and nutraceutical properties of various plant species. The objective of this study was to evaluate different concentrations of SiO<sub>2</sub> NPs (0, 5, 7, and 9 mg L<sup>-1</sup>) on the growth, yield, and nutraceutical quality of peppers (*Capsicum annuum* L.) cv. Quetzal grown under greenhouse conditions. A completely randomized experimental design was established with four treatments and three replicates. SiO<sub>2</sub> NP solutions were applied via drenching at specific phenological stages. Agronomic variables (plant height, stem diameter, and dry biomass), productive variables (number and weight of fruits and yield per hectare), and biochemical variables (total phenolic compound content, flavonoids, and antioxidant capacity) were measured. The results indicate that concentrations of 7 and 9 mg L<sup>-1</sup> of SiO<sub>2</sub> NPs significantly promoted vegetative growth, with increases in plant height (+12.40%) and dry biomass (+60.02%), respectively. Furthermore, increases in fruit number and weight, as well as total yield, were observed. In terms of nutraceutical quality, higher levels of phenolic compounds (+37.14%), flavonoids (+45.44%), and antioxidant activity (+3.71%) were recorded in fruits treated with these concentrations. These findings suggest that the application of SiO<sub>2</sub> NPs at optimal doses can improve both the yield and nutraceutical quality of peppers, positioning it as a promising agronomic input for this crop.

**KEYWORDS:** Antioxidants; biofortification; *Capsicum annuum*; silicon dioxide; yield

### 1 Introduction

Pepper (*Capsicum annuum* L.) is considered one of the most important vegetables worldwide. Demand for peppers is constantly increasing; therefore, their production and trade are also rising. The fruits have high nutritional value and are a source of vitamins A, B, and C, carotenoids, flavonoids, and minerals. This crop is one of the highest-yielding in protected agriculture production systems; however, various biotic and abiotic factors affect the sustainability of the system, including water limitations, quality, fertilizers, and pesticides [1,2].

For its part, silicon is known as the second most abundant element on Earth after oxygen. Silicon helps mitigate different types of biotic and abiotic stress that affect plants. Its nanometric form promotes its physical properties over those of bulk material. Silicon nanoparticles have shown potential for controlling insect pests. The impact of silicon nanoparticles on plant-pathogen interactions has demonstrated the ability of silica nanoparticles to stimulate plant defense mechanisms and control phytopathogenic microorganisms. The application of silicon dioxide ( $\text{SiO}_2$ )-based biostimulants proved effective in mitigating the spread of phytopathogen-induced necrosis, with a 43% reduction in *Botrytis cinerea*, 41% in *Sclerotinia sclerotiorum*, and over 50% in *Pyrenochaeta lycopersici* in chili pepper crops [3]. Agricultural nanotechnology has emerged as a promising strategy to mitigate the negative impacts of climate change on crop production. Metallic and metal oxide nanoparticles (e.g., ZnO,  $\text{Fe}_2\text{O}_3$ ,  $\text{TiO}_2$ , CuO, and  $\text{SiO}_2$ ), as well as carbon-based nanomaterials, have shown potential to enhance plant growth, nutrient uptake, and photosynthetic efficiency. Under abiotic stress conditions such as drought, salinity, and high temperatures, nanoparticles reduce oxidative damage by regulating reactive oxygen species and strengthening antioxidant defense systems. These effects contribute to improved membrane stability, stress tolerance, and overall plant performance. Consequently, the controlled application of nanoparticles represents a viable approach for improving crop yield and quality under changing climatic conditions [4]. The intensive use of chemical insecticides and the associated environmental problems have driven the search for sustainable alternatives for insect control. In this context, organic plant extracts, combined with nanotechnology-based approaches, have gained relevance through the development of functionalized or metal-loaded nanoparticles, which offer efficient pest control with a reduced environmental impact [5].

The application of  $\text{SiO}_2$  strengthens the cellular structure, increases water-use efficiency, and stimulates enzymatic activity related to plant defense [6]. Its specific potential in pepper cultivation has not been sufficiently explored, particularly with regard to its impact on yield, fruit quality, and tolerance to adverse conditions such as water stress [1]. The application of silicon dioxide nanoparticles ( $\text{SiO}_2$  NPs) increases the plant's anti-herbivore hormonal defenses and attracts predators to combat pests that can potentially be vectors of pathogenic viruses, thus reducing the risk of viral infections in plants [7]. The application of  $\text{SiO}_2$  NPs promotes increases in various physiological parameters of chili pepper crops, such as plant height, chlorophyll, carotenoid, and lycopene content, as well as superoxide dismutase enzyme activity. In addition, the said application causes a layer of silicic acid to form in the epidermal cells of the fruit. The exogenous supply of silica in nanostructured form not only improves the structural strength of epidermal tissues but also contributes to an increase in bioactive compounds and crop yield [8].  $\text{SiO}_2$  NPs increase the absorption and accumulation of micronutrients by increasing the concentration of Zn and Cu in the roots, as well as Fe in the leaves. Likewise, this application enables a greater absorption of macronutrients in both the roots and foliage of the plants [9]. Therefore, the objective of this study was to evaluate different concentrations of silicon dioxide ( $\text{SiO}_2$ ) (0, 5, 7, and 9  $\text{mg L}^{-1}$ ) on the growth, yield, and nutraceutical quality of the Quetzal pepper cultivar under greenhouse conditions.

## 2 Materials and Methods

### 2.1 Study Site

This investigation was conducted in the greenhouse of the Faculty of Agricultural and Forestry Sciences at “La María” Experimental Campus of the Universidad Técnica de Estado de Quevedo, located 7.5 km along the road between Quevedo and Mocache. The geographical location is 79°30'24'' West longitude and 01°03'18'' South latitude, at an altitude of 67 m above sea level. The study site is located in a humid

tropical climate zone, with an average annual temperature of 24.9°C, 2295.1 mm of precipitation, 84% relative humidity, and 870.2 h of sunshine per year.

## 2.2 Plant Material and Growing Conditions

Quetzal pepper seeds (Seminis®, Bayer corporate, Germany) were used as plant material and sown in germination trays. The seedlings were transplanted when they had three true leaves. One seedling was placed in the center of an 18 × 20" bag with a capacity of 10 kg, the substrate consisted of a 3:1 (v/v) mixture of black soil and compost. Before transplanting, a composite sample was analyzed for pH in aqueous extract and available nutrients (N, P, K, Ca, Mg and micronutrients) following standard procedures. Results are provided in Table 1. These were placed in a single row, with a spacing of 0.60 m between rows and 0.30 m between each plant to obtain a density of 5.56 plants m<sup>-2</sup>. After transplanting, irrigation was carried out three times a week, moistening the substrate to its field capacity to avoid water stress on the crop. Crop management and care were carried out in accordance with the guidelines established by Reyes Pérez et al. [10], with the exception of the silicon dioxide nanoparticle doses.

**Table 1:** Chemical characteristics of black soil and compost used as a growing medium for pepper under greenhouse conditions.

Substrate	N-NH <sub>4</sub> (ppm)	P (ppm)	K (meq/100 mL)	Ca (meq/100 mL)	Mg (meq/100 mL)	S (ppm)	Fe (ppm)	Zn (ppm)	Mn (ppm)	pH
soil and compost	11	27	0.16	10	0.8	20	216	5.8	5.0	6.0

## 2.3 Experimental Design and Treatments

A completely randomized experimental design was used, with four treatments and three replicates. The experimental unit consisted of 12 plants in each replicate, for a total of 48 plants per treatment. The treatments evaluated were the application of silicon dioxide nanoparticles (SiO<sub>2</sub> NPs, 98.7%, 20 nm, Nanopowder®, Houston, USA) by drenching using different concentrations: 5, 7, and 9 mg L<sup>-1</sup> and a control (0 mg L<sup>-1</sup>) (Fig. 1). The doses of SiO<sub>2</sub> NPs were mixed with distilled water and agricultural dispersants, then applied via drenching 8, 25, and 40 days after transplanting (DAT) the crop.

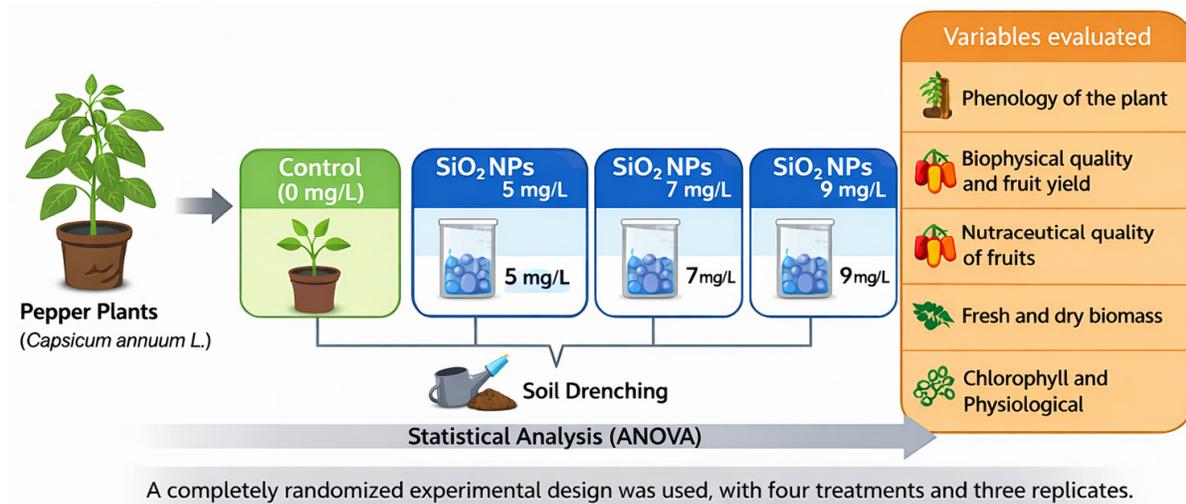
Silicon dioxide nanoparticles (SiO<sub>2</sub> NPs) were characterized to document morphology, specific surface area, surface charge and colloidal stability. Primary particle morphology and size were verified by transmission electron microscopy (TEM). Hydrodynamic diameter and polydispersity index (PDI) were determined by dynamic light scattering (DLS) in the same dispersion medium used for drenching. Zeta potential ( $\zeta$ ) was measured by electrophoretic light scattering (laser Doppler velocimetry) at 25°C. Specific surface area (SSA) was determined by N<sub>2</sub> adsorption (BET). Crystallinity/phase was checked by X-ray diffraction (XRD). Purity and elemental composition were documented using the supplier certificate of analysis and confirmed by elemental analysis (ICP-OES/XRF) when available.

A stock suspension was prepared in distilled water with the agricultural dispersant (Surlaq Activadorat®, Guayaquil, Ecuador) the same concentration used in treatments, followed by probe/bath sonication (reported energy/time). Dispersion stability was assessed by monitoring hydrodynamic size/PDI and visual sedimentation at 0, 2, and 24 h.

Drenching was applied as a fixed volume per plant (500 mL plant<sup>-1</sup>) using a graduated cylinder. Prior to each application, irrigation was withheld for 24 h and substrate moisture was adjusted to near field capacity to standardize infiltration. To control leaching, each grow bag was placed on a collection tray; leachate volume was recorded and maintained below a predefined threshold (e.g., <5% of applied volume).

Applications were performed plant-by-plant following the same order across replicates, and the stock solution was continuously stirred to avoid particle settling.

SiO<sub>2</sub> NPs were applied 8, 25 and 40 days after transplantation (DAT), to coincide with key phenological stages of the crop: post-transplant establishment, active vegetative growth and transition to the reproductive phase, respectively, in which the physiological response to silicon is crucial for the development, yield and quality of the fruit.



**Figure 1:** Schematic representation of the doses of SiO<sub>2</sub> NPs evaluated in pepper cultivation.

## 2.4 Variables Evaluated

### 2.4.1 Phenology of the Plant

Plant height was measured from the base of the stem to the apical bud using a tape measure (Stanley, Ecuador), and stem diameter was determined 1 cm from the base of the stem using a vernier caliper (Mitutoyo, Mexico). Both phenological variables were evaluated at 30, 45, and 60 DAT.

### 2.4.2 Biophysical Quality and Fruit Yield

To determine the effect of the treatments on the biophysical quality of the fruits, the variables fruit weight and fruit size (polar diameter and equatorial diameter) were evaluated using a vernier caliper. These variables were determined in five fruits per treatment.

The days taken for the plants to flower were recorded based on the number of days elapsed from the date of sowing to when 50% of the plants had flowers. The number of fruits was quantified when 50% of each plant per treatment had fruited. In addition, the yield (kg ha<sup>-1</sup>) was obtained by considering the first three harvests obtained in the usable area of each experimental unit.

### 2.4.3 Nutraceutical Quality of Fruits

To determine the nutraceutical quality of the fruits from plants treated with doses of SiO<sub>2</sub> NPs, total flavonoids were evaluated using the methodology of Zhishen et al. [11], polyphenols using the methodology of Folin-Ciocalteu in Singleton et al. [12], and antioxidant capacity using the methodology proposed by Henriquez et al. [13].

#### 2.4.4 Fresh and Dry Biomass

Ninety days after transplanting, the plants were harvested to evaluate the root length from the root apex to the crown of the stem using a tape measure. The fresh biomass of the plants was determined using an analytical balance (Santorius, USA). Plant organs (stem, leaf, and root system) were taken from 10 plants per treatment and replicates and were weighed separately. After recording the fresh weight of the stems, leaves, and root systems, they were placed in paper bags and placed in a FED 115 drying oven (Binder, Germany) at a temperature of 65°C for 72 h until a constant weight was reached, and the dry weight of the plant material (dry biomass) was determined using the analytical balance.

#### 2.4.5 Chlorophyll and Physiological

Chlorophyll concentration was quantified in five different leaves per plant in each treatment using the SPAD-502 Plus Meter (Minolta, Tokyo, Japan) at 30, 45, and 60 days after emergence.

Gas exchange was evaluated as: net photosynthesis rate (A), transpiration rate (E), stomatal conductance ( $g_s$ ), intercellular CO<sub>2</sub> concentration ( $C_i$ ), and water-use efficiency (WUE = A/E). For this, a CIRAS 2 portable infrared gas analyzer (PP Systems, Hitchin, UK) was used. All measurements were taken on fully expanded, healthy adult leaves between the third leaf of the plant. Two plants per block were taken from each clone for gas exchange for a total of six plants per treatment ( $n = 6$ ). Measurements, taken at a photosynthetic photon flux density (PPFD) of 1200  $\mu\text{mol m}^{-2} \text{s}^{-1}$ , occurred between 9:00 a.m. and 12:00 p.m. at an ambient CO<sub>2</sub> concentration of 420  $\pm$  5 ppm, a leaf temperature of 28°C, and a vapor pressure difference (VPD) with respect to the air of 2.0  $\pm$  0.3 kPa.

The leaf water potential ( $\Psi$ ) was determined by placing a leaf cut with a previously disinfected knife in a Scholander pressure chamber (PMS, Corvallis, OR, USA), leaving the leaf petiole visible, and then introducing pressurized gas. As the pressure increases, the sap comes out of the xylem and can be visualized using a magnifying glass. These  $\Psi$  measurements were taken between 6:00 a.m. and 7:59 a.m. ( $\Psi_{am}$ ) and at midday ( $\Psi_m$ ) on leaves from three different plants in each treatment ( $n = 3$ ).

For the hydraulic conductance of the plant ( $KL = K \text{ soil-leaf}$ ), the following method was used to determine KL. When the steady state of transpiration (E,  $\text{mmol m}^{-2} \text{s}^{-1}$ ) was reached, it was determined by dividing  $g_s$  by the VPD using CIRAS 2, and KL by dividing by the driving force of the water potential determined using a pressure chamber ( $KL = E/\Delta\Psi \text{ leaf, MPa}$ ) [14,15]. Transpiration rate (E) = KL \* Delta water potential ( $\Delta\Psi = \Psi_{am} - \Psi_m$ ).

### 2.5 Statistical Analysis

The results of the variables described above were subjected to Shapiro-Wilks and Bartlett tests to determine normality and homogeneity of variances, respectively. They were then analyzed using analysis of variance (ANOVA), and, in cases where statistical differences were found, comparisons of means were made using Tukey's test at 0.05%. Moreover, a Pearson correlation analysis ( $p \leq 0.05$ ) was performed to detect a correlation between SiO<sub>2</sub> NP doses and nutraceutical quality variables. All statistical analyses were performed using SAS 9.0 software.

## 3 Results and Discussion

The results showed that the application of SiO<sub>2</sub> NPs had a significant effect on plant height (AP60) and stem diameter (DT60) at 60 DAT ( $p \leq 0.05$ ). In relation to AP60, an increase was recorded in the treatments with SiO<sub>2</sub> NPs compared to the control (95.60  $\pm$  2.58 cm), with higher averages recorded at 5, 7, and 9 mg L<sup>-1</sup> of SiO<sub>2</sub> (107.65  $\pm$  1.02, 107.45  $\pm$  0.78, and 107.80  $\pm$  0.63 cm, respectively), with no statistical

differences between these concentrations. DT60 showed a similar trend of increases compared to the control ( $0.92 \pm 0.02$  cm); the highest averages were found with 7 and 9 mg L<sup>-1</sup> of SiO<sub>2</sub> ( $1.06 \pm 0.01$  and  $1.06 \pm 0.04$  cm, respectively) (Table 2).

**Table 2:** Plant height (AP60), stem diameter (DT60), root length (RL), above-ground dry biomass (ADB), and chlorophyll content of Quetzal pepper plants grown with different doses of silicon dioxide nanoparticles (SiO<sub>2</sub> NPs) under greenhouse conditions.

Treatment	AP60	DT60	RL	ADB	Chlorophyll
Control	95.60 ± 2.58b	0.92 ± 0.02b	36.25 ± 3.17a	46.75 ± 6.97a	54.03 ± 5.21a
5 mg L <sup>-1</sup> SiO <sub>2</sub>	107.65 ± 1.02a	1.04 ± 0.02a	36.31 ± 4.93a	62.69 ± 9.52a	51.37 ± 5.52a
7 mg L <sup>-1</sup> SiO <sub>2</sub>	107.45 ± 0.78a	1.06 ± 0.01a	35.44 ± 3.65a	79.00 ± 27.43a	52.44 ± 4.36a
9 mg L <sup>-1</sup> SiO <sub>2</sub>	107.80 ± 0.63a	1.06 ± 0.04a	34.63 ± 3.92a	74.81 ± 15.20a	52.44 ± 3.97a
CV (%)	1.41	2.37	11.13	25.46	9.07
Significance	<0.0001**	<0.0001**	0.9209 NS	0.0738NS	0.4281NS
HSD	3.1031	0.0507	8.3319	35.175	5.2429

Note: The data are averages ( $n = 12$ ) ± standard deviation with different letters indicates significant differences according to Tukey's test ( $p \leq 0.05$ ), CV = coefficient of variation, HSD = Tukey's honest significant difference, \*\* = highly significant, NS = not significant.

In contrast, root length (RL) did not show significant differences between treatments ( $p = 0.9209$ ), with values ranging from  $34.63 \pm 3.92$  to  $36.31 \pm 4.93$  cm. This suggests that SiO<sub>2</sub> NPs did not have a direct impact on root development under the experiment's conditions, although they may have exerted indirect effects on root physiological efficiency that are not detectable by morphometric parameters. Above-ground dry biomass (ADB) exhibited a tendency to increase with higher doses of SiO<sub>2</sub> nanoparticles, reaching the highest mean value at 7 mg L<sup>-1</sup> ( $79.00 \pm 27.43$  g), followed by 9 mg L<sup>-1</sup> ( $74.81 \pm 15.20$  g). However, despite this apparent increasing trend, the differences among treatments were not statistically significant ( $p = 0.0738$ ) (Table 2). Despite this, the observed trend suggests a possible cumulative effect of silicon on dry matter production, probably associated with improvements in photosynthesis or the foliage's greater structural resistance. Overall, these results confirm that the application of SiO<sub>2</sub> NPs at concentrations between 5 and 9 mg L<sup>-1</sup> promotes significant improvements in above-ground growth variables of the Quetzal pepper cultivar without compromising root morphology. These findings support the potential use of silicon as a plant biostimulant in protected production systems, contributing to the structural development of the crop without apparent adverse effects.

Regarding chlorophyll content, no statistically significant differences were observed among the evaluated treatments. Although the control treatment showed the highest mean chlorophyll value ( $54.03 \pm 5.21$  SPAD), this value did not differ significantly from those of the other treatments (Table 2).

Several studies have demonstrated the positive effects of silicon on plant growth. The application of SiO<sub>2</sub> NPs significantly increased the height and stem diameter of pepper plants, for example with applications of 750 mg L<sup>-1</sup> of SiO<sub>2</sub> NPs compared to control treatments [8]. The incorporation of silicon in nutrient solutions applied to the root system at concentrations of 360 mg L<sup>-1</sup> promoted stem diameter and plant height [16]. The presence of silicon aids in the structure of collenchyma tissue, which translates into more robust stems, a desirable characteristic in intensive agricultural production systems. This effect may be related to improved efficiency in the absorption and utilization of water and nutrients, especially potassium, as a result of the physiological action of silicon [6].

SiO<sub>2</sub> NP applications have had positive and significant effects on plant growth, which is consistent with observations made in other horticultural crops. According to Cázarez-Flores et al. [17], in cucumber

plants, an increase in silicon concentration leads to progressive stem elongation. Similarly, Villalón Mendoza et al. [18] found an increase in the height of pequin pepper plants after the application of silicon dioxide, suggesting that supplementation with this element provokes a positive growth response. These morphological effects coincide with those reported by de Sousa et al. [19], who attribute the changes in plant architecture to the regulatory role of silicon on hormonal activity. In particular, it has been noted that silicon modulates the biosynthesis and sensitivity of phytohormones such as abscisic acid (ABA), auxins, cytokinins, and gibberellins, which directly impacts the growth of meristematic tissues and parenchyma, thus favoring the structural development of the plant.

The results obtained showed a significant effect between the different doses of SiO<sub>2</sub> NPs on the days taken to flower, number of fruits, fruit weight, and yield in pepper cultivation ( $p \leq 0.05$ ). A reduction in days taken to flower was observed as the concentration of SiO<sub>2</sub> NPs increased. The shortest times were recorded at doses of 7 mg L<sup>-1</sup> ( $38.27 \pm 0.50$  days) and 9 mg L<sup>-1</sup> ( $38.50 \pm 0.57$  days), which were not statistically different from each other but were statistically different from the control treatment ( $44.50 \pm 0.58$  days), suggesting a biostimulant effect of silicon on floral induction (Table 3).

**Table 3:** Days taken to flower, number of fruits per plant, fruit weight, and yield of the Quetzal pepper crop grown with different doses of silicon dioxide nanoparticles (SiO<sub>2</sub> NPs) under greenhouse conditions.

Treatment	Days Taken to Flower	Number of Fruits Per Plant	Fruit Weight (g)	Yield (t ha <sup>-1</sup> )
Control	44.50 ± 0.58a	2.05 ± 0.15c	52.16 ± 2.69c	18.81 ± 2.76c
5 mg L <sup>-1</sup> SiO <sub>2</sub>	41.23 ± 0.50b	3.00 ± 0.23b	65.10 ± 0.73b	34.10 ± 3.10b
7 mg L <sup>-1</sup> SiO <sub>2</sub>	38.27 ± 0.50c	3.20 ± 0.22b	66.78 ± 0.46b	36.71 ± 2.64b
9 mg L <sup>-1</sup> SiO <sub>2</sub>	38.50 ± 0.57c	3.71 ± 0.22a	70.91 ± 1.10a	44.28 ± 3.24a
CV (%)	8.80	6.98	2.38	1.33
Significance	<0.0001**	<0.0001**	<0.0001**	<0.0001**
HSD	6.1841	0.4381	3.1855	1.1337

Note: The data are averages ( $n = 12$ ) ± standard deviation with different letters indicates significant differences according to Tukey's test ( $p \leq 0.05$ ), CV = coefficient of variation, HSD = Tukey's honest significant difference, \*\* = highly significant.

In terms of the number of fruits per plant, the treatment with 9 mg L<sup>-1</sup> of SiO<sub>2</sub> NPs had the highest average ( $3.71 \pm 0.22$ ), significantly exceeding the rest of the treatments, including the control ( $2.05 \pm 0.15$ ) and the intermediate doses (5 and 7 mg L<sup>-1</sup>), the latter showing increases that were statistically lower than the 9 mg L<sup>-1</sup> average. Regarding the average fruit weight, there was a significant increase with the increase in the SiO<sub>2</sub> NP dose, reaching the highest average with 9 mg L<sup>-1</sup> ( $70.91 \pm 1.10$  g) in contrast to the lowest average presented in the control ( $52.16 \pm 2.69$  g). This trend suggests that silicon has a positive effect on biomass accumulation in reproductive organs (Table 3). Equally, yield per hectare showed an upward trend, reaching the highest average with 9 mg L<sup>-1</sup> of SiO<sub>2</sub> NPs ( $44.28 \pm 3.24$  t ha<sup>-1</sup>), which was statistically higher than the rest of the treatments. This result represents an increase of 135.40% compared to the control treatment ( $18.81 \pm 2.76$  t ha<sup>-1</sup>), confirming the potential of silicon as a yield-promoting element under controlled conditions. These results support the hypothesis that the application of SiO<sub>2</sub> NPs in adequate doses can optimize the phenological development and productive parameters of pepper cultivation under greenhouse conditions. The dose of 9 mg L<sup>-1</sup> showed the highest efficiency within the evaluated range, standing out for its significant effect on the analyzed variables (Table 3).

In rose crops, the application of silicon reduced the number of days it took for the flower to open, suggesting the potential for earlier flowering under certain conditions [20]. The role of silicon in improving plant growth and physiological attributes, such as photosynthetic efficiency, could contribute to changes in

flowering time, as has been observed in studies with other plant species [21]. Silicon's ability to improve essential oil production and the modification of oil composition in plants (such as Damask roses) under stress conditions indicate its broad impact on plant metabolic processes, which could influence flowering dynamics [22].

These findings are consistent with several previous studies that indicate the positive effects of silicon on the productivity of different crop species. In this regard, increased yields have been reported in crops such as *Saccharum officinarum* [23], *Helianthus annuus* [24], *Triticum aestivum* [25], and *Oryza sativa* [26]. This demonstrates the consistency of the beneficial effect of silicon in different agricultural systems. The positive impact of silicon on yield has been largely associated with its influence on photosynthetic processes, particularly in the functional improvement of photosystems I and II (PSI and PSII), which leads to increased chlorophyll synthesis [27]. In addition, silicon optimizes gas exchange through stomatal regulation, promoting carbon fixation and the generation of photoassimilates. This translates into an increase in biomass accumulation and, consequently, a substantial improvement in plant productive performance [28]. Silicon application can lead to increases in photosynthesis rates, longer leaves, improved fruit thickness, and a reduction in non-marketable yields in crops such as chili peppers [16].

Silicon applications promote a linear increase in the number of fruits per plant. This behavior suggests an improvement in the reproductive performance of the crop, attributed to the influence of silicon on key physiological processes such as flowering, fruit set, and initial fruit development [29]. It has been found that under saline stress conditions, the foliar application of silicon is effective in mitigating the effects of the growth environment. This allows productivity to be maintained or even increased compared to untreated plants [30] and reinforces its value as a tool for stabilizing yield under adverse conditions. In addition to the number of fruits, a significant increase in their individual weight has also been observed, an effect that can be explained by greater efficiency in the translocation of assimilates, improved nutrient absorption, and increased photosynthetic activity induced by silicon. The positive correlation between the application of this element and the fruit weight supports the hypothesis that silicon promotes more complete fruit development, aiding fruit filling and commercial quality [29].

These improvements in yield components contribute directly to a significant increase in productivity per hectare. The foliar application of silicon increases commercial crop yields due to the combination of a greater number of fruits and higher average fruit weight [29,30]. Likewise, it has been proven that the combination of silicon with other biostimulants, such as humic acid, enhances the beneficial effects, evidencing a possible synergy that maximizes agronomic benefits [31]. Despite the promising results, it is important to note that silicon's effectiveness can vary depending on soil and climate conditions and the genetic characteristics of the cultivar, which justifies the need for differentiated management strategies. Viewed together, these findings confirm silicon's role as a functional element in plant physiology, optimizing nutrient absorption efficiency, and promoting more vigorous and productive plant development. The results shown in Table 4 indicate that the application of SiO<sub>2</sub> NPs is statistically different in the morphometric and biochemical parameters compared to the control in Quetzal peppers. Regarding the morphometric variables, fruit diameter increased as the concentration of SiO<sub>2</sub> NPs increased, reaching the highest average of  $4.88 \pm 0.11$  cm with the dose of  $9 \text{ mg L}^{-1}$ , which represented an increase of 26.10% compared to the control ( $3.87 \pm 0.16$  cm). Similarly, fruit length showed no statistical differences between the 7 and  $9 \text{ mg L}^{-1}$  treatments, but they were significantly higher than the control, with increases ranging from 15.2 to 21.3%.

In terms of bioactive compounds, the application of  $7 \text{ mg L}^{-1}$  of SiO<sub>2</sub> NPs showed the highest accumulation of total phenolic compounds at  $331.67 \pm 5.77$ , exceeding the control by 77.7%. This same treatment significantly enhanced the flavonoid content, registering an average of  $237.67 \pm 2.52$ , an increase

of 109.1% in comparison to the control. The total antioxidant capacity was  $136.00 \pm 1.00$  with the application of  $7 \text{ mg L}^{-1}$  of  $\text{SiO}_2$  NPs; this was a more modest increase (16.6%) compared to the control (Table 4).

**Table 4:** Fruit diameter (FD), fruit length (FL), total phenolic compounds (TPC), flavonoids (FLAV), and antioxidant capacity (AC) of the Quetzal pepper crop developed with different doses of silicon dioxide nanoparticles ( $\text{SiO}_2$  NPs) under greenhouse conditions.

Treatment	FD	FL	TPC	FLAV	AC
Control	$3.87 \pm 0.16\text{c}$	9.76b	$186.67 \pm 1.53\text{d}$	$113.67 \pm 1.53\text{d}$	$116.67 \pm 1.53\text{c}$
$5 \text{ mg L}^{-1} \text{ SiO}_2$	$4.37 \pm 0.07\text{b}$	11.24a	$223.33 \pm 12.58\text{c}$	$146.00 \pm 1.73\text{c}$	$116.00 \pm 2.00\text{c}$
$7 \text{ mg L}^{-1} \text{ SiO}_2$	$4.68 \pm 0.13\text{a}$	11.52a	$331.67 \pm 5.77\text{a}$	$237.67 \pm 2.52\text{a}$	$136.00 \pm 1.00\text{a}$
$9 \text{ mg L}^{-1} \text{ SiO}_2$	$4.88 \pm 0.11\text{a}$	11.84a	$256.00 \pm 1.73\text{b}$	$165.33 \pm 1.53\text{b}$	$121.00 \pm 1.00\text{b}$
CV (%)	2.69	2.59	2.81	1.13	1.18
Significance	<0.0001**	<0.0001**	<0.0001**	<0.0001**	<0.0001**
HSD	0.2514	0.6034	18.35	4.89	3.77

Note: The data are averages ( $n = 12$ )  $\pm$  standard deviation with different letters indicates significant differences according to Tukey's test ( $p \leq 0.05$ ), CV = coefficient of variation, HSD = Tukey's honest significant difference, \*\* = highly significant.

In addition to the above, a positive and highly significant correlation was observed between the dose of  $\text{SiO}_2$  NPs and total phenolic compounds ( $r = 0.973$ ,  $p < 0.001$ ), flavonoids ( $r = 0.961$ ,  $p < 0.001$ ), and antioxidant capacity ( $r = 0.863$ ,  $p < 0.001$ ). These results indicate that  $\text{SiO}_2$  NP doses promote the accumulation of secondary metabolites and improve the nutraceutical profile of pepper fruits (Table 5). It is noteworthy that the  $9 \text{ mg L}^{-1}$  dose favored morphometric parameters, registering a decrease in the content of bioactive compounds compared to the  $7 \text{ mg L}^{-1}$  dose. This implies that silicon may have a hermetic effect on the crop's secondary metabolism. The coefficients of variation obtained (1.13% to 2.81%) indicate high precision and reliability in the experimental data obtained (Table 4).

**Table 5:** Pearson's correlation coefficients between the dose of silicon dioxide nanoparticles ( $\text{SiO}_2$  NPs), total phenolic compounds (TPC), flavonoids (FLAV), and antioxidant capacity (AC) in Quetzal pepper fruits.

	TPC	FLAV	AC	Dose of $\text{SiO}_2$
TPC	1			
FLAV	0.992**	1		
	<0.0001			
AC	0.945**	0.948**	1	
	<0.0001	<0.0001		
Dose of $\text{SiO}_2$	0.973**	0.961**	0.863**	1
	<0.0001	<0.0001	<0.0001	

Note: \*\*Pearson correlation coefficient (r) significance at  $p < 0.01$ .

These results suggest that supplementation with  $7 \text{ mg L}^{-1}$  of  $\text{SiO}_2$  NPs is an efficient agronomic strategy to simultaneously enhance the fruit's morphometric development and its nutraceutical quality, particularly in terms of phenolic compounds and antioxidant capacity. This coincides with reports by various authors on the beneficial effect of silicon in inducing adaptive responses in horticultural crops subjected to intensive production conditions.

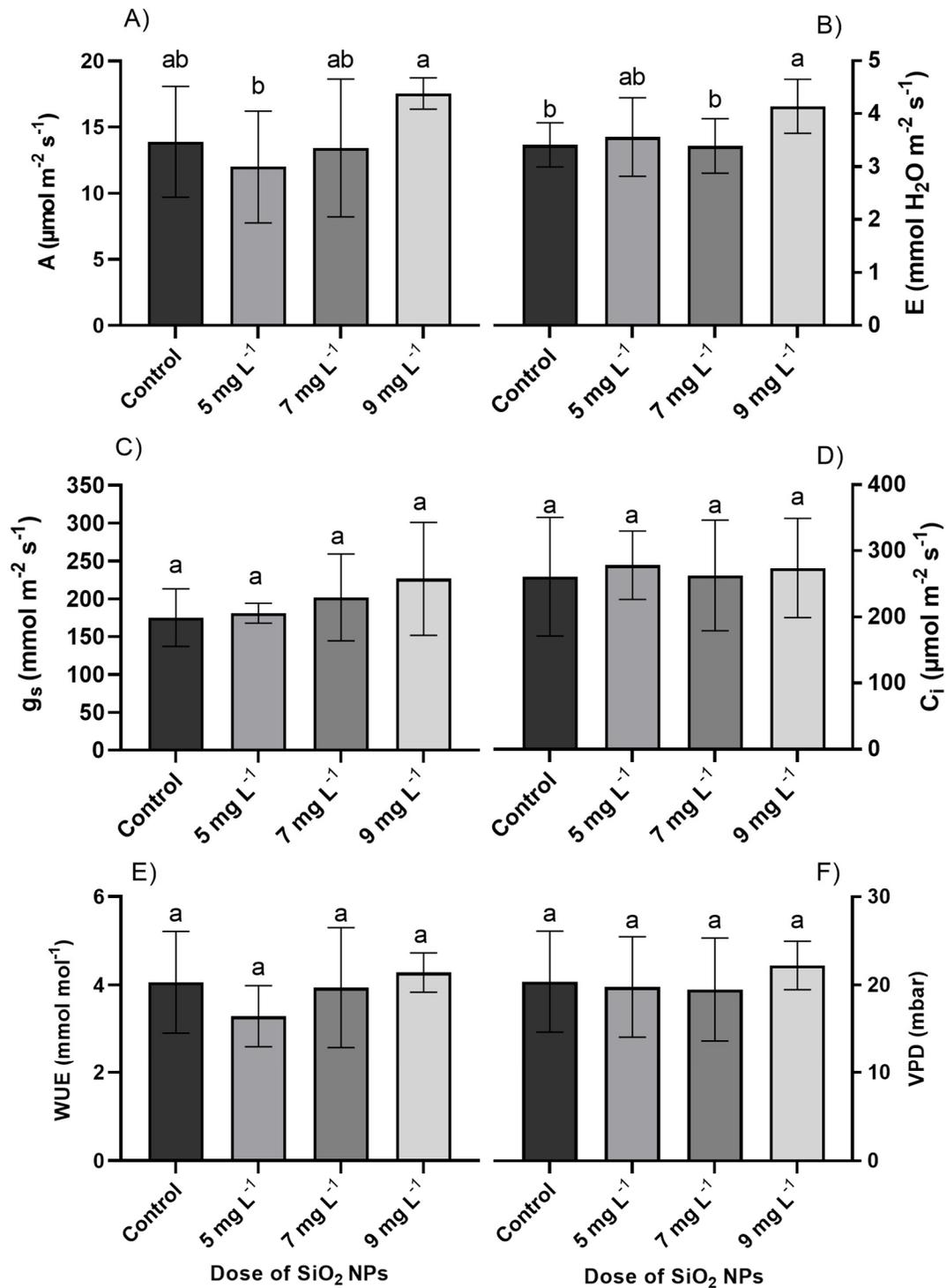
Several studies have shown that the application of  $\text{SiO}_2$  NPs can significantly increase the size and weight of pepper fruits. In particular, combinations of potassium silicate with organic by-products such as vinasse have been shown to be effective in improving these physical attributes of the fruit [32]. An increase in the accumulation of phenolic compounds and flavonoids has been reported in fruits treated with  $\text{SiO}_2$

NPs, especially when used in the form of nanoparticles, which translates into greater antioxidant capacity. This coincides with the present study, where a positive and significant correlation was found between antioxidant capacity and total phenolic content ( $r = 0.945$ ,  $p < 0.001$ ), as well as antioxidant capacity and flavonoids ( $r = 0.948$ ,  $p < 0.001$ ). This is of utmost importance from a nutritional and nutraceutical point of view [33]. By strengthening plants' physiological mechanisms, silicon dioxide not only contributes to maintaining the crops' nutritional profile but also increases the concentration of beneficial compounds in harvested products, thus improving their overall nutraceutical quality. In chili crops, the foliar application of silicon mitigated adverse effects, such as salinity, by improving the water status, photosynthetic efficiency, and mineral nutrient content. Furthermore, it reduced oxidative damage and stabilized cell membranes. These findings support the potential of silicon as an effective strategy for improving salt stress tolerance in horticultural production systems [30].

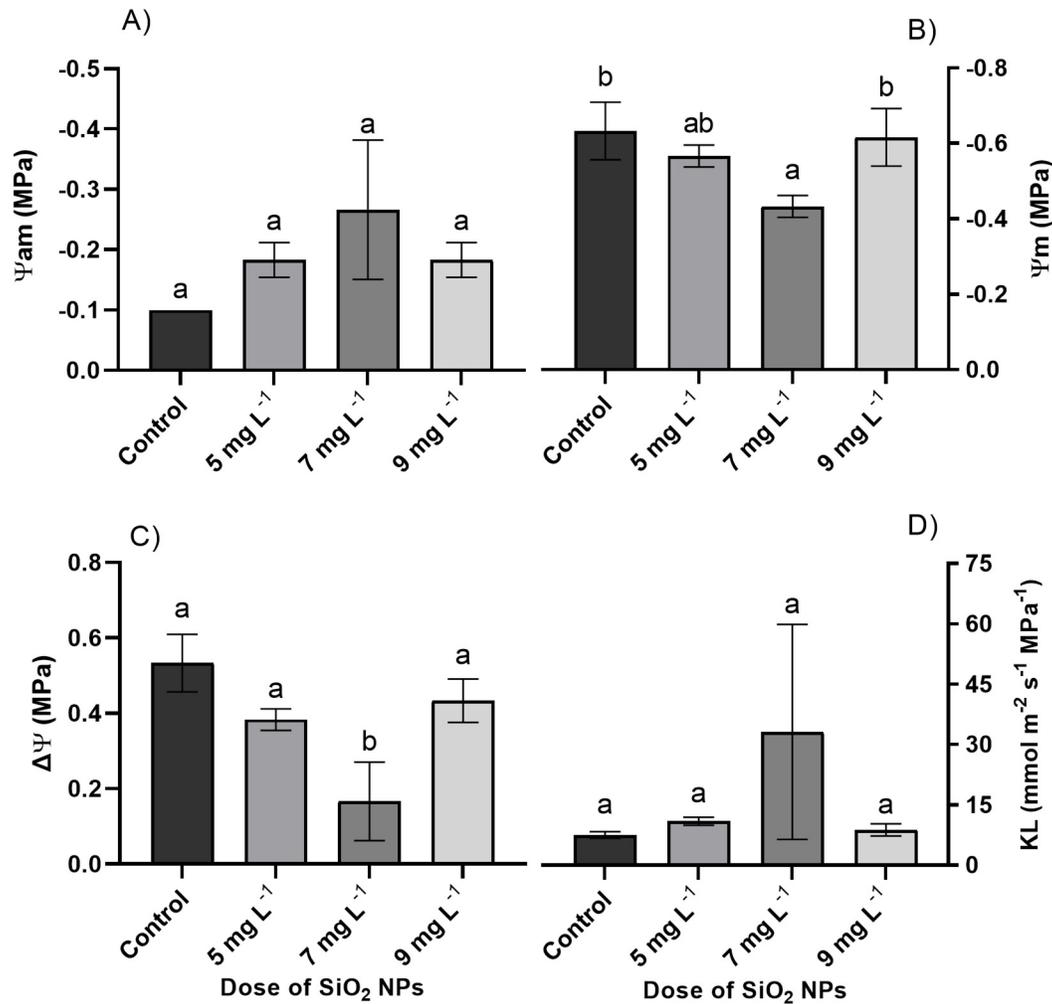
The role of silicon goes beyond promoting growth; it is essential for improving plant tolerance to abiotic stresses such as high temperature, drought, and salinity. Research has shown that silicon can mitigate the negative effects of heat stress on plants by inducing the production of heat shock proteins and improving the antioxidant defense system. What is more, silicon application can improve water absorption through aquaporins, resulting in better hydration under stress conditions. This is particularly important when facing abiotic stress factors that alter the water and nutritional balance of plants [34].

The net photosynthetic rate, transpiration, midday water potential, and delta water potential were statistically different in the treatments with SiO<sub>2</sub> NP doses ( $p \leq 0.05$ ). However, for stomatal conductance, intercellular CO<sub>2</sub> concentration, water use efficiency, and leaf-to-air water vapor pressure deficit, water potential at dawn, and hydraulic conductivity, there were no significant differences between the treatments evaluated in the cultivation of Quetzal peppers ( $p > 0.05$ ) (Figs. 2 and 3). The treatment with the highest net photosynthetic rate was the 9 mg L<sup>-1</sup> SiO<sub>2</sub> dose with a value of 17.54  $\mu\text{mol m}^{-2} \text{s}^{-1}$ , which was 26.28% higher than the control treatment. The 5 mg L<sup>-1</sup> SiO<sub>2</sub> dose presented the lowest values in the net photosynthetic rate, which were on average 13.68% lower than the control treatment. Similarly, the 9 mg L<sup>-1</sup> SiO<sub>2</sub> treatment had the highest averages in the transpiration variable, with a value of 4.14 mmol H<sub>2</sub>O m<sup>-2</sup> s<sup>-1</sup>, exceeding the control treatment by 21.41% (Fig. 2).

Silicon is the second most abundant element in soil and has numerous beneficial effects on plants, especially in mitigating damage caused by stress. The incorporation of silicon into an environment of growth has shown positive effects on plant physiology and yield, reflected in increased photosynthesis, stomatal conductance, leaf water content, and cell membrane stability. These functional changes have resulted in greater biomass accumulation in pepper plants under saline stress, with more notable responses in sensitive genotypes. From an agronomic perspective, this effect is relevant when considering that the application of silicon can be an effective strategy to increase productivity in sensitive genotypes grown under moderate salinity, as well as in tolerant genotypes subjected to high levels of salinity, which demonstrates its potential as a management tool in saline environments [35].



**Figure 2:** (A) Net photosynthetic rate, (B) transpiration, (C) stomatal conductance, (D) intercellular CO<sub>2</sub> concentration, (E) water-use efficiency, and (F) leaf-to-air water vapor pressure deficit in the cultivation of Quetzal peppers with different doses of silicon dioxide nanoparticles (SiO<sub>2</sub> NPs). Bars are means ± standard deviation; different letters indicate significant differences according to Tukey's test ( $p \leq 0.05$ ).



**Figure 3:** (A) Water potential at dawn ( $\Psi_{am}$ ), (B) water potential at midday ( $\Psi_m$ ), (C) delta water potential ( $\Delta\Psi$ ), and (D) plant hydraulic conductivity in Quetzal pepper cultivation with different doses of silicon dioxide nanoparticles ( $\text{SiO}_2$  NPs). The bars represent means  $\pm$  standard deviation; different letters indicate significant differences according to Tukey's test ( $p \leq 0.05$ ).

Various studies have shown that the application of  $\text{SiO}_2$  nanoparticles plays a key role in improving the physiological and biochemical performance of plants. In fava bean (*Vicia faba*) cultivation, exposure to 1.5 mM  $\text{SiO}_2$  NPs significantly increased the photosynthetic rate, relative water content, and nutrient absorption. It also reduced the levels of reactive oxygen species such as hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) and molecular oxygen ( $\text{O}_2$ ), reflecting a protective effect associated with the regulation of redox homeostasis [36]. According to Ahmed et al. [37], in rapeseed (*Brassica napus* L.) cultivation, the application of  $\text{SiO}_2$  NPs mitigated cadmium stress by increasing chlorophyll content and net photosynthesis. This effect is linked to the activation of antioxidant enzymes (SOD, POD, CAT, and APX) and the restriction of heavy metal accumulation and translocation in tissues. These findings reinforce the hypothesis that  $\text{SiO}_2$  NPs act as modulators of plant physiology by optimizing photosynthetic efficiency, maintaining redox balance, and improving tolerance to stress conditions. Kumari et al. [38] reported that both n $\text{SiO}_2$  and n $\text{TiO}_2$ , as well as their nanocomposites, promote the growth of corn plants (*Zea mays*), noting that the greatest stimulation occurred with 200 ppm of NC  $\text{SiO}_2/\text{TiO}_2$ . This positive effect was related to an increase in chlorophyll

content, photosynthetic activity, transpiration, and stomatal conductance, in addition to promoting beneficial rhizosphere interactions through an increase in nitrogen-fixing and phosphate-solubilizing microorganisms. This resulted in more efficient nutrient absorption. Overall, scientific evidence confirms that metal oxide nanoparticles and their nanocomposites have high potential as biotechnological tools for improving the physiological performance and adaptive capacity of plants under both optimal and adverse conditions.

#### 4 Conclusions

The results obtained in this study show that the application of silicon dioxide nanoparticles ( $\text{SiO}_2$  NPs) at concentrations of 7 and 9 mg L<sup>-1</sup> had a significant positive effect on agronomic, physiological, and biochemical variables in the cultivation of Quetzal peppers grown in greenhouses. These doses promoted plant growth, plant height, stem diameter, and above-ground dry biomass, as well as increases in fruit production and quality, reflected in a greater number of fruits, fruit weight, and yield. Likewise, an improvement was observed in the accumulation of total phenolic compounds, flavonoids, and antioxidant capacity, suggesting the potential of  $\text{SiO}_2$  NPs in the nutraceutical quality of the fruit. Taken together, these findings indicate that silicon dioxide is a useful agronomic input for optimizing pepper productivity and quality. They also reinforce the need to continue evaluating  $\text{SiO}_2$  NP implementation in different agroecological conditions and cultivars.

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**Availability of Data and Materials:** The data that support the findings of this study are available from the corresponding author, upon reasonable request.

**Ethics Approval:** Not applicable.

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